Paul Mitchell The School Rexburg

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

Esthetics: *SOC 39-5094.00, CIP Code 12.0409:*

The curriculum involves 600 hours to satisfy Idaho state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

Graduates are prepared to become an entry level esthetician.
This course is taught in English. Textbooks and course materials are only offered in the English Language.

ESTHETICS COURSE OVERVIEW

Course Hours: 600 clock hours

The course is divided into pre-clinical classroom instruction and clinical service learning experiences .

- **Pre-clinical Classroom Instruction:** The first 240 hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience:** The remaining 360 hours are spent in the clinic area where practical experience is gained.

ESTHETICS COURSE OUTLINE

Your time at Paul Mitchell The School Rexburg for the esthetics program will be divided into four designations:

- **Core Curriculum:** This 240-hour time period is dedicated to exploring foundational knowledge and basic esthetics facial and advanced facial treatments, hair removal, and makeup procedures . You will receive individual attention in practical workshops, and you will complete technical requirements and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Classroom Learning Experience:** During this phase of your learning, you will be introduced to guest speakers, prescriptive selling, motivation, self-improvement, body treatments, and emerging technologies . You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to guests. You will make discoveries and learn relationship building skills that will ensure your success in this exciting, diverse field.
- **Creative Curriculum:** You will dress, act, and work like a true professional. You will use your own technical and therapeutic abilities, coupled with the assistance of Paul Mitchell The School Rexburg Learning Leaders, to prepare for your future salon and spa career.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Rexburg meets or exceeds the state requirements:

Topic	Minimum Requirements
Histology of the hair, skin, muscles, nails and nerves; structure of the head, face and neck; diseases of the skin, hair, glands and nails; massaging and manipulating the muscles of the body, electricity as applied to cosmetology	60
Skin Care which includes chemical and manual facials and massaging, stimulating, exfoliating, cleansing, or beautifying the face, scalp, neck, or body by the use of hands, esthetic devices, cosmetic products, antiseptics, lotions, tonics, or creams that do not result in the ablation or destruction of the live skin	300
Hair Removal, Lash & Brow Beautification	50
Makeup	60
Idaho laws and rules governing the practice of cosmetology	20
Sanitation	50
Flex to include: any related topics to the the world of such as: business building, financial literacy's Social Networking, studying for exams, Deans, & Honors	60
Total	**600**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 600-hour course:

1. **Academic theory exams:** Student must receive a grade of 75% or higher on each assigned theory exam.
2. **Final written and practical:** The written test covers an overview of all theory instruction, Idaho state law, and other items covered on the state esthetics exam. Students must receive a grade of 75% or higher on all final exams.
3. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.